After Your Intravitreal Injection

What to Expect

Mild eye irritation/burning, frequent tearing, redness and transient floaters/bubbles can occur after an injection. These symptoms are usually mild and temporary, but can occasionally be severe. Most cases will improve overnight without additional treatment.

How to Care for Your Eye



Use artificial tears as needed for irritation. Rest the eye closed for 4–5 hours.



Do not rub or press on the treated eye.

Common and Temporary Symptoms



Redness

Burning or irritation is common, and often related to the antiseptic (Betadine) used to clean the eye.



Tearing

The eye may tear for a few hours after the injection.



Floaters or Blurry Vision

These symptoms usually improve by the next day.

When to Contact Us

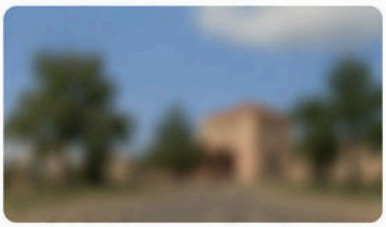
Please call our office if you experience:



Severe pain and/or light sensitivity that does not improve overnight.



New or worsening flashes/floaters occurring or persisting >24 hours after the injection.



Significant vision loss.

HOUSTON RETINA ASSOCIATES

(281) 495-2222

www.hretina.com

Reviewed by Henry Lin, MD, PhD

玻璃体腔注射后注意事项

可能出现的情况

注射后，可能会出现轻度眼部刺激感/灼热感、流泪增多、发红，以及暂时性的飞蚊/气泡。这些症状通常较轻且是暂时的，但偶尔也可能较为严重。大多数情况下，无需额外治疗，症状会在一夜之间改善。

如何护理您的眼睛

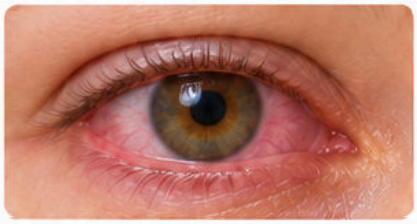


如有刺激不适，
可按需使用人工泪液。
闭眼休息 4–5 小时。



不要揉搓或按压
治疗眼。

常见且暂时性的症状



发红
灼热感或刺激感很常见，
通常与用于清洁眼睛的
消毒剂（Betadine）有关。



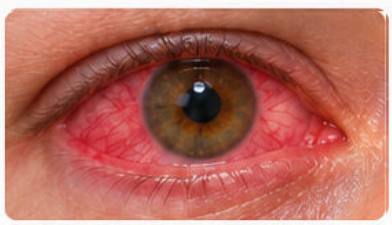
流泪
注射后数小时内，
眼睛可能会流泪。



飞蚊或视物模糊
这些症状通常会在
第二天前改善。

何时联系我们

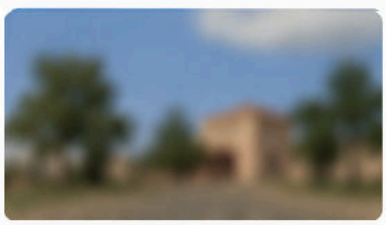
如果您出现以下情况，请致电我们的诊所：



严重疼痛和/或畏光
且经过一夜后仍未改善。



新出现或加重的闪光感/飞蚊
在注射后超过 24 小时
仍出现或持续存在。



明显视力下降。

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审阅